



Glen Rock High School



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March 21, 2020

Re: Glen Rock High School Schedule March 23 - March 27

Glen Rock High School Students and Families:

Based on the feedback from the staff, students and parents, the quality of education this week was impressive to say the least. We are so proud of our students and teachers for the seamless transition to keep the learning going, especially in light of these uncertain and anxious times. Ongoing conversations with GRHS staff have revealed the need for built-in “recovery time” for both students and staff, *which will be implemented on Wednesday starting this week.*

The following schedule will go into effect for the week of March 23 - March 27:

Monday <i>Day 1 Schedule</i> <i>Full Day</i>	Tuesday <i>Day 2 Schedule</i> <i>Full Day</i>	Wednesday <i>Single Session Schedule</i> <i>Half Day</i>	Thursday <i>Day 3 Schedule</i> <i>Full Day</i>	Friday <i>Day 4 Schedule</i> <i>Full Day</i>
Period 1 Period 2 Period 3	Period 2 Period 3 Period 4	Period 1 7:50 - 8:15 Period 2 8:20 - 8:45 <i>Drop-In</i> Period 3 8:50 - 9:15 <i>Sessions</i> Period 4 9:20 - 9:45 <i>for Extra</i> Period 6 9:50 - 10:15 <i>Help &</i> Period 7 10:20 - 10:45 <i>Questions</i> Period 8 10:50 - 11:15 Period 9 11:20 - 11:50	Period 3 Period 4 Period 1	Period 4 Period 1 Period 2
Period 6 Period 7 Period 8	Period 7 Period 8 Period 9	<i>Self-Care</i>	Period 8 Period 9 Period 6	Period 9 Period 6 Period 7



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For students: Recovery time will give students a chance to ask questions, get extra help, catch up on reading, homework, projects, meet with a guidance counselor or case manager, etc. Wednesday's schedule will be a "single session day" / half day. All periods will meet briefly (25 minutes each, schedule above); students will only need to check into attendance one time on Wednesday between 7:50 and 8:00 am on their grade level course on Schoology. Signing in after 8:00 am will result in being marked tardy; failure to sign in at all will result in an absence. Teachers will be holding online "office hours" during each period to assist students, if needed. Students who do not need extra help or have questions will simply work on assignments/projects, read, study for upcoming quizzes/tests. Wednesday afternoons are reserved for student self-care; we hope this time is used for non-screen time activities, such as exercise, meditation / mindfulness activities, hobbies, family time, etc.

For teachers: Recovery for staff means adequate time to plan interactive, quality lessons, grade student assessments, meet virtually with department members, etc.

This schedule would look the same during the week of March 30 - April 3 in the likely event that school closure extends beyond this Friday.

If the period of school closure extends beyond Spring Break, we may revisit this plan and revise it as needed.

Sincerely,

John Arlotta
Principal

Tina Bacolas
Assistant Principal